



HAPPY HOPPERS NEWSLETTER SPRING TERM 2025



HEALTH AND SAFETY

DRESS CODE;

NO FLARED TROUSERS/LEGGINGS

NO DRESSES/SKIRTS

NO BELTS/BUCKLES/BUTTONS/ZIPES

NO SOCKS /TIGHTS

NO JEWELLERY

NO JEANS OR DENIM

HAIR TIED UP (IF PHYSICALLY POSSIBLE)

THESE ARE THE BRITISH GYMNASTICS SAFETY

POLICIES AND MUST BE FOLLOWED.

WE LOOK FORWARD TO SEEING YOU ALL
FOR OUR SPRING TERM!

HAVE FUN AND ENJOY YOUR TIME AT
FALCONS GYMNASTICS ACADEMY.

THEMES FOR THIS TERM ARE AS

FOLLOWS:

06/01/2025 PIRATES

13/01/2025 PYJAMAS DRESS UP

20/01/2025 PAW PATROL

27/01/2025 CHINESE NEW YEAR

03/02/2025 NINJA TRAINING

10/02/2025 VALENTINES/LOVE

17/02/2025 HALF TERM - NO GYM

24/02/2025 FAIRY TALES

03/03/2025 CRUFTS

10/03/2025 FROZEN

17/03/2025 RED NOSE DAY

24/03/2025 TEDDY BEARS PICNIC

31/03/2025 EASTER THEME

31/03/2025 EASTER HOLIDAYS - NO GYM

RETURN 22/04/2025

BADGES

EVERY WEEK THEY WILL BE TESTED
TOWARDS BADGES INCLUDED IN THE
MAIN CIRCUIT. ONCE BADGES ARE
ACHIEVED THEY WILL BE EMAILED TO
YOU FOR PURCHASE. THEY WILL RECEIVE
A CERTIFICATE AND BADGE HANDED OUT
IN CLASS.

FREDDIES

PARENTS WHO ARE WATCHING FREDDIES
WITH YOUNG SIBLINGS WILL HAVE A
DESIGNATED CRECHE AREA FOR THEM TO
PLAY ON, PLEASE DO NOT PLAY ON THE
OTHER GYM EQUIPMENT. THANK YOU
FOR YOUR UNDERSTANDING.